# BE: A Shout Retreat

### THURSDAY, APRIL 3

5:00 PM Arrival and check in: meet and greet

6:00 PM Dinner Service

7:00 PM Overview and Retreat Instructions

8:40 PM Compline: A Litany of Pentinence

Silence begins in the common areas Speaking may occur in rooms until 10pm

### FRIDAY, APRIL 4

7:30 AM Morning Prayer (silent)

8:00 AM Breakfast

9:00 AM Reflection Work 1: A Litany of Penitence (anywhere you choose)

11:30 AM Midday prayer (silent)

12:00 PM Lunch

1-4 pm: Crafting and Personal time. Individual Meetings with retreat Leader will be during this time.

1:30 PM Craft Project

2:30 PM Personal Time

4:30 PM Meal preparations

5:00 PM Evening Prayer (silent)

5:30 PM Meal Prep

6:00 PM Dinner

# BE: A Steent Retreat

FRIDAY, APRIL 4 CONT.

7:00 PM Articles

7:30 PM Break in Silence, Social Time

8:45 PM Compline: A Litany of Pentinence

9:00 PM Complete Silence Resumes

SATURDAY, APRIL 5

7:30 AM Morning Prayer (silent)

8:00 AM Breakfast

9:00 AM Reflection Work 1: A Litany of Penitence (anywhere you choose)

11:30 AM Midday prayer (silent)

12:00 PM Lunch

1-4 pm: Crafting and Personal time. Individual Meetings with retreat Leader will be during this time.

1:30 PM Craft Project

2:30 PM Personal Time

4:30 PM Meal preparations

5:00 PM Evening Prayer (silent)

6:00 PM Dinner

7:00 PM Article Reflections

# BE: A Shout Retreat SCHEDULE

SATURDAY, APRIL 5 CONT.

7:30 PM Worship & Eucharist

8:15 PM Break in Silence, Social Time

9:00 PM Compline: A Litany of Pentinence

9:15 PM Complete Silence Resumes

**SUNDAY, APRIL 6** 

Silence ends at 6:00 AM

7:30 AM Morning Prayer (silent)

8:00 AM Breakfast

9:00 AM Group Share Time

11:30 AM Departure

