The golden apple of selfhood, thrown among the false gods, became an apple of discord because they scrambled for it. They did not know the first rule of the holy game, which is that every player must by all means touch the ball and then immediately pass it on. To be found with it in your hands is a fault: to cling to it, death. But when it flies to and fro among the players too swift for eye to follow, and the great master Himself leads the revelry, giving Himself eternally to His creatures in the generation, and back to Himself in the sacrifice, of the Word, then indeed the eternal dance 'makes heaven drowsy with the harmony'. All pains and pleasures we have known on earth are early initiations in the movements of that dance: but the dance itself is strictly incomparable with the sufferings of this present time. As we draw nearer to it's uncreated rhythm, pain and pleasure sink almost out of sight. There is joy in the dance, but it does not exist for the sake of joy. It does not even exist for the sake of good, or of love. It is Love Himself, and Good Himself, and therefore happy. It does not exist for us, but we for it.

CS Lewis, The Problem of Pain