

# **RETREAT AGENDA**

(Subject to change)

## Friday, November 15

3:00 p.m. Check in / Free Time

6:00 p.m. Dinner

7:00 p.m. Welcome & Worship

7:15 p.m. **Session 1: In the Beginning** 

8:30 p.m. 12-Step Meetings -OR- Evening Prayer

& Meditation

### Saturday, November 16

7:30 a.m. Morning Prayer & Meditation (optional)

8:00 a.m. Breakfast

9:00 a.m. Announcements and Worship

9:15 a.m. Session 2: Attitude of Gratitude

10:15 a.m. Break

10:30 a.m. Session 3: Balance and Recovery

Noon Lunch

1:00 p.m. Free Time:

- Time on your own or with friends: walk,

pray, read, hike, disc golf, etc.

- Visit the 24/7 Prayer Room (prayer

teams available if desired)

- Counseling available

- Peer Help/Conversations

## Saturday, November 16 (cont'd)

4:30 p.m. Healing Service

6:00 p.m. Dinner

7:00 p.m. Session 4: Step 3 Renewal,

Wonder Key, & Healing with Laughter

8:15 p.m. 12-Step Meetings -OR-

8:15 p.m. Evening Social (jump in any time-now or

after 12-Step Meeting)

### Sunday, November 17

7:30 a.m. Morning Prayer & Meditation (Optional)

8:00 a.m. Breakfast

9:00 a.m. Announcements and Worship

9:15 a.m. Session 5: Recovery Prayer and

Meditation-In the Grace of God

9:45 a.m. Break

10:00 a.m. Session 6: Concept of God and Step

12-Challenge

11:00 a.m. 12-Step Closing Eucharist

Noon Lunch

Don't pack and leave until after the last talk on Sunday morning! The best may be saved for last...in other words, don't leave until the miracle happens!