

## PARADISE IN RECOVERY: FEELING GOD'S GRACE

is a retreat for people in recovery based upon the 12-Step Recovery Programs - with an emphasis on a Christian God (or Higher Power).

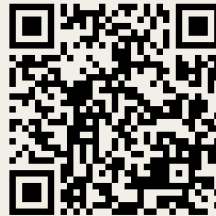
### WHO SHOULD ATTEND?

All are welcome regardless of your faith tradition or if you are just seeking a better understanding of your higher power. AA, Alanon, NA, Naranon, OA, etc. - any 12 Step Recovery Program members or those wishing to learn more about 12-step recovery are welcome.

### WHAT IS THE RETREAT LIKE?

We will share and care for one another in true 12-Step Recovery fashion by remembering why we came into recovery in the beginning; creating an attitude of gratitude; and finding balance in our recovery lives by walking in the Grace of God.

There will be opportunities to let go and let God manage our lives through discerning God's will for us, and learn a powerful letting go tool. We will take a deeper dive into 12-Step prayers and our coming to believe and spiritual awakening experiences. We will recommit to carrying the message and good news of recovery in all of our affairs. We will have time for prayer and meditation, a healing service and 12-step Eucharist. Both Friday and Saturday nights there will be time set aside for 12-Step meetings of your choice - including a special social time on Saturday night! We hope you will say "yes" and register, and come to Paradise in Recovery - to Feel God's Grace.



SCAN FOR DETAILS AND TO REGISTER OR VISIT  
[WWW.CTKCENTER.ORG/EVENTS](http://WWW.CTKCENTER.ORG/EVENTS)

SCHOLARSHIPS ARE AVAILABLE



Christ the King Center  
575 Burton Road  
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Paradise in  
*Recovery*  
FEELING GOD'S GRACE

**NOVEMBER 15 - 17**

**A retreat for people in recovery  
based upon the 12-Step  
Recovery Program**



## THE REV. CANON BRIAN P. NORDWICK

The Rev. Canon Brian P. Nordwick comes to us from Hollister, CA, where he lives with his daughter Sarah, and granddaughter, Willow. He leads many retreats including 12-Step Recovery retreats around the country. Brian has been in recovery for 46 years. He has been an ordained Deacon in the Episcopal Church for 30 years. He served as Canon to the Bishop in the Episcopal Diocese of El Camino Real for 18 years, before semi-retiring in 2022. Practicing the principals of 12-Step Recovery in his vocational life has helped him navigate through many life situations including cancer and the loss of his wife of 38 years, Sheila (who was a black belt Alanon). In his 46 years of recovery, Brian has been actively involved in his own recovery and sponsors many others in theirs. He believes in the 12 Steps as a Christian way to lead a Spiritual life, and the healing Grace of God who is always there along the way.

# Retreat SCHEDULE

## FRIDAY

3:00 P.M. CHECK IN / FREE TIME  
6:00 P.M. DINNER  
7:00 P.M. WELCOME & WORSHIP  
7:15 P.M. **SESSION 1: IN THE BEGINNING**  
8:30 P.M. 12-STEP MEETINGS -OR- EVENING PRAYER & MEDITATION

## SATURDAY

7:30 A.M. MORNING PRAYER & MEDITATION (OPTIONAL)  
8:00 A.M. BREAKFAST  
9:00 A.M. ANNOUNCEMENTS AND WORSHIP  
9:15 A.M. SESSION 2: ATTITUDE OF GRATITUDE  
10:15 A.M. BREAK  
10:30 A.M. **SESSION 3: BALANCE AND RECOVERY**  
NOON: LUNCH  
1:00 P.M. FREE TIME:

- TIME ON YOUR OWN OR WITH FRIENDS: WALK, PRAY, READ, HIKE, DISC GOLF, ETC.
- VISIT THE 24/7 PRAYER ROOM (PRAYER TEAMS AVAILABLE IF DESIRED)
- COUNSELING AVAILABLE
- PEER HELP/CONVERSATIONS

## SATURDAY CONT.

4:30 P.M. HEALING SERVICE  
6:00 P.M. DINNER  
7:00 P.M. **SESSION 4: STEP 3 RENEWAL,** WONDER KEY, & HEALING WITH LAUGHTER  
8:15 P.M. 12-STEP MEETINGS -OR- EVENING SOCIAL (JUMP IN ANY TIME-NOW OR AFTER 12-STEP MEETING)

## SUNDAY

7:30 A.M. MORNING PRAYER & MEDITATION (OPTIONAL)  
8:00 A.M. BREAKFAST  
9:00 A.M. ANNOUNCEMENTS AND WORSHIP  
9:15 A.M. **SESSION 5: RECOVERY PRAYER AND MEDITATION—IN THE GRACE OF GOD**  
9:45 A.M. BREAK  
10:00 A.M. **SESSION 6: CONCEPT OF GOD AND 12-STEP CHALLENGE**  
11:00 A.M. 12-STEP CLOSING EUCHARIST  
NOON LUNCH  
1:00 P.M. HAVE A SAFE TRIP HOME