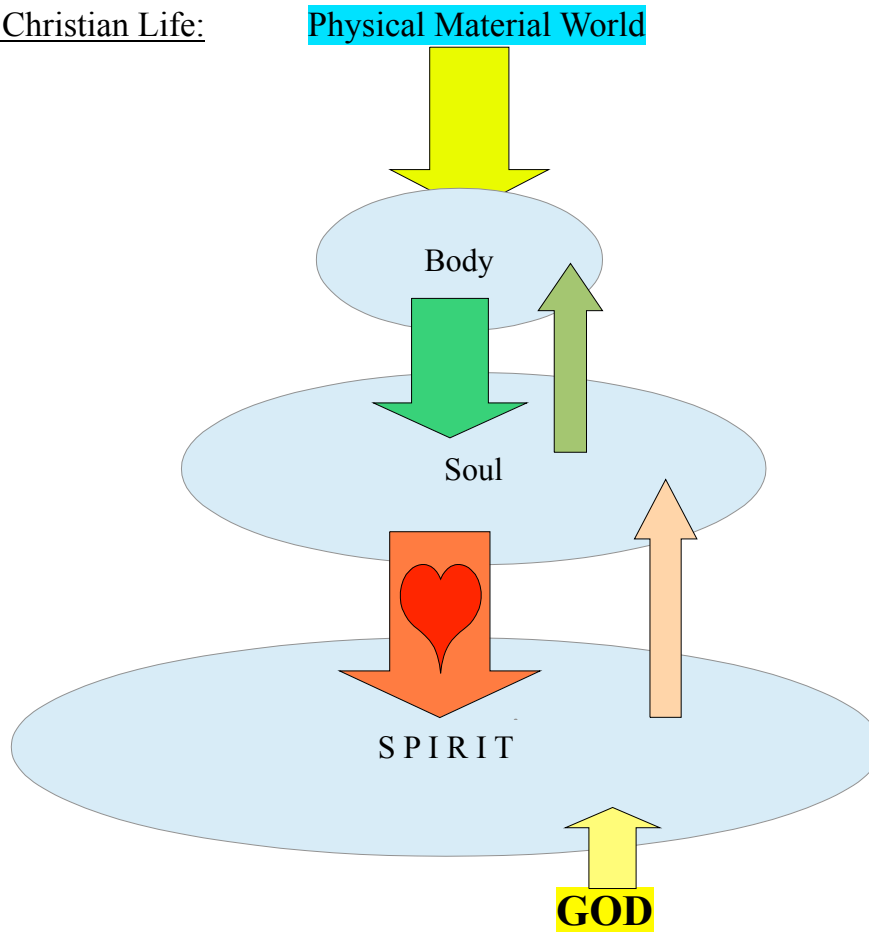


## Natural and Spiritual Flows of Human Experience

“Ordinary” Christian Life:



- 1) **Body:** Receives Sense impressions from the Physical Material World such as, temperature, pressure, texture, pain, light, color, shapes, odors, flavors, sounds. All of these (in combinations) are processed by our nervous system including the brain. We respond and react to them in our souls.
- 2) **Soul:** is also sometimes referred to as our Psyche or our Mind; it is *not* the same thing as our Spirit. The Soul consists of:
  - A) **Intellect:** Thoughts, Reasoning, Imagination, Memories, Concepts and Ideas in general
  - B) **Emotions:** Our feelings include happiness, sadness, joy, anxiety, hopefulness, excited anticipation, fear, peacefulness, exultation, compassion and many more
  - C) **Will:** We are attracted by certain things, we desire them, and we have the free choice to pursue them by our ability to make decisions. We need to know the power of our Wills. Our Wills are moved by what we perceive to be good: physical, “soul-ish” or spiritual.
- 3) **Spirit:** This is the Immortal Center of our Being which is capable of being in contact with God and the realm of the spiritual. In our Spirits we have a 1) **Conscience** which guides us toward Goodness and Truth; 2) the capacity to receive God's **Wisdom**; and, 3) we are able to come into **Communion** with God in and through our spirits.

To some extent we also have a flow of impressions and experience which well up from our Spirits into our Souls, and even into our bodies in a limited way. We may authentically experience the presence of God in a variety of ways. An example might be a sense of hope or joy, or a divinely inspired dream.